

# Self Reliance

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Ever since I was a little girl I've had dreams to achieve something great; although I always wasn't quite sure what it was. Growing up around multiple different social classes, ethnicities, and backgrounds influenced the way I grew up in more ways than one. As well as, led me to one of the most important lessons in my adolescence, which is "self-reliance". Although a short statement it's small yet powerful meaning shapes the way I live today. After all, a wise woman once said "if you want to fly, you have to give up the things that weigh you down" - Toni Morrison. I realized I have spent way too much time living my life to please others instead of living for myself. One of the first things I realized was I needed to let go of unsupportive people that "weigh me down" exit my life for good. Looking back over this new year I asked myself "why does it seem like I'm in the same place I was last year"? So I took a step back and realized how many insignificant people I let dictate my emotions which in turn, downgraded my life. I came to the conclusion that to move forward and be successful I need to be reliant on myself. Without cutting myself off from the world or being a selfish person; but to choose to live on my own accord, regardless of the opinions of others, or what anyone else thinks.