

'If you want to fly, you have to give up things that weigh you down'

I think that one of the things that holds me back from being successful is my anxiety. I struggle with Language Arts in school. It frustrates me because I get my lowest grades in that class. When my teacher who is in charge of the After school program told us that she wanted us to enter this contest it really made me upset because I didn't believe that I could do it. I never would have done this on my own. She encouraged me to try and she helped me to put down what I was feeling inside. It really stressed me out more when she said 500 words. I know she said it could be less but 500 is what stuck in my head.

I feel sad that I can't write like other kids my age and it causes me to think about other things that have caused me anxiety. A year ago the man that was my Big brother died of cancer. His name was Jim. He was nice and always cared for me and made me feel like I could do anything. That is something that I don't believe when I am by myself. I want to do better and show everyone that I am smart and can do anything but my grades say otherwise. I wish people could see me and not my grades.

I guess I picked this quote because I want to fly. I want to help people, especially kids, and animals, just like Jim helped me. I just have to believe I can do it. So I guess that is the other thing that is holding me back. I don't believe in myself.

I feel like in order to fly I have to forget about things in my past that have brought me down. I have to use those things to make me stronger and more understanding towards other kids that feel the way that I do.

My after school teacher, Ms. Carla says I should look in the mirror everyday and say 'I am special and I can do anything.' I think I am going to do that but I am going to add that, 'I can fly.'

I really do want to fly. I want to do great things.

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