

Gliding Through Troubles

By: Christopher Lipian

Ever heard the phrase: "If you want to fly, you have to give up the things that weigh you down?" The phrase is by Toni Morrison, a novelist. Some might wonder: what things weigh me down? Many things can weigh you down, such as pride, sadness, and resentment. They'll try to throw you to the ground with their talents, and drown you.

Pride weighs you down because it causes you to think you're better than someone. This makes friends reject you. It's a lonely world all by yourself with no one to share it. How can you accomplish great things when you don't have friends and family to support you?

Sadness puts you in a miserable world of endless torture. You start thinking you are all alone. Also you never try to improve your life. Happy thoughts have trouble getting into your head. There's always a way to get through sadness; you just have to find a way out by looking for individual happy memories.

Resentment puts bad thoughts in your brain. You never wake up to a quiet morning because you're holding a grudge, and you'll have a million aching thoughts. You will constantly think people do things to offend. Sometimes you need to put yourself in someone else's shoes, and see their point of view. Then, try to forgive them.

When you get through that large obstacle, of letting go, of course you'll fly! Things might want to pin you down again, don't let them! They might try to knock you off the track, will you let them? We can improve ourselves. Go sprint through your troubles and fly! That is what Toni Morrison is trying to say.