



CHANGE THE CYCLE

An Initiative of the Women's Fund

On behalf of the Women's Fund and United Way of Greater Lorain County, thank you for your interest in learning more about our Change the Cycle initiative and period poverty in Lorain County.

Our goal is to collect one million pads and tampons to distribute to menstruating people in Lorain County who are experiencing

period poverty, which is the lack of access to affordable menstrual products. Women's Fund is also working to eliminate the stigma surrounding menstruation through education.

By hosting a drive or donating to Change the Cycle, you are ensuring a sufficient supply of pads and tampons are available for Lorain

County residents. Having an ongoing and affordable supply of period products leads to having empowered, successful, and independent adults and teens in our community.

Thank you for helping us achieve our goal of collecting one million pieces for period poverty in Lorain County!

In Lorain County

18%

of women and girls live below the Federal Poverty Line (FPL).*

1 in 5

low-income women and teens report missing school or work due to lack of access to period supplies.***

Race

impacts the number of girls affected by poverty and access to products*

65% of Black girls
51% of Hispanic girls
16% of White girls

Across the US

Women without access to period supplies often use substitute products, such as toilet tissue or socks, and stretch product usage which could lead to **severe health issues****

Period products are **NOT covered** by food stamps or WIC

Attendance rates **increase 4%** in schools that offer free period products***

*Source: 2021 The Center for Community Solutions Study, Racial Disparities in Lorain County
**Source: 2018 U by Kotex survey conducted with YouGov
***Source: Alliance for Period Products Ohio Chapter



Donations by check should be made payable to: Community Foundation of Lorain County 9080 Leavitt Road, Elyria 44035. Please mention Change the Cycle in the memo line.

An Affiliate Fund of Community Foundation of Lorain County



Community Foundation
LORAIN COUNTY



POWERED BY



United Way of Greater Lorain County



alliance for
**PERIOD
supplies**